

Please select your preferred venue

- St. Michael's, Woodfield Lane
- St. Giles' Dell Centre, Park Lane
- St. George's, Barnett Wood Lane
- Private House

Please let us know if you have any practical needs (disability/child care)

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Please return your completed form to:

Sharon Seal  
 St. George's Christian Centre  
 Barnett Wood Lane  
 Ashted  
 KT21 2DA

Any Questions

Sharon Seal 01372-813200

Caroline King 01372-277140

### Personal Stories

'Life is very busy and I wasn't sure about committing so much time to the week. It's the best thing I've done in a long time, listening to myself, to God and it's slowing me down... I intend to make some changes!'

'I think I expected something more Holy! As it was I was able to be me and think and pray about life as I am experiencing it now'

'I do pray and I wasn't sure what the week could give me....the help I received was so good, especially about stillness. Also, instead of always working out meanings in prayer, I found a depth of simply relating... and the review of the day is something I will hold onto whatever!'



offering us a way to deepen our prayer lives



7th-12th May  
 2017

'I have called you by name, humble yourselves and seek my face'

2 Chronicles 7 v. 14

## A week of accompanied prayer?

This unique opportunity offers us different ways of exploring praying (scripture, images, approaches etc) You will be accompanied by a trained prayer guide, and explore ways of how to deepen your relationship with God.

## Who is it for? *Everyone!*

It doesn't matter where you are on your spiritual journey or whether you find it easy to pray or not.

This week is a way of discovering more.

## Curious? *This is how it works...*

At the beginning of the week, each person is assigned a prayer guide, this person will accompany you throughout the week. Those taking part commit to set aside time each day for personal prayer (typically 20-30 mins, or whatever you can manage) You will also meet each day with your guide for 30 mins. This is a time to share your experiences, ask questions and discover what might bring you closer to God.

You can meet with your prayer guide in the morning, afternoon or evening. You may want to meet in your lunchtime, or on your way home from work?

If you are housebound, your prayer guide may be able to come to you.

**All sessions are confidential**

## Trained Prayer Guides

The team of prayer guides include a mixture of people, men and women, of different denominations, some lay and some ordained. All have received training in helping others in their prayer life. The role of the guide is to mainly listen, to encourage and to enable you to develop, deepen and support you in your everyday faith journey.

### Key Dates

**Opening Service Sunday 7th May 2017  
4pm at St. Michael's Church**

This will be an opportunity for participants to meet as a group and meet with their prayer guides

Daily half-hour meetings with your prayer guide on a one to one basis will be

**Monday 8th to Friday 12th May**

**Closing Service Friday 12th May 2017  
7pm at St. Giles' Church**

followed by a shared meal together

**Cost:** The week will be £25 Please make cheques payable to 'Ashted PCC'

**How to apply:** Please complete the attached form and return to the address on the other side of this form

## Week of Accompanied Prayer 2017

Please return by **Friday 21st April 2017**

Name: .....

Address:.....

.....

Post Code:.....

Tel: Day:.....

Eve:.....

E-mail:.....

Please indicate your preferred meeting time.

It **must** be the same session each day:  
morning, afternoon or evening

Day	9am-12pm	2pm-5.30pm	6pm-9pm
Mon 8th			
Tues 9th			
Weds 10th			
Thurs 11th			
Fri 12th			Not available After 6.30pm

Early morning appointments are available, please do ask when booking. All meetings will be at the same venue each day