

Images of God

Here are some more bible verses and ideas to help you as you pray and reflect on what an image of God might be for you. If you would like to hear more about this please go to

<https://www.youtube.com/watch?v=g5YtYWyNSRw>

When you read and reflect on the images below what do you think of, experience from your own life? What colours might you see, try to write and draw, journal as you listen and pray.

Rock

why is it significant that David says God is his rock, fortress and refuge rather than that God provides those things?

Psalm 31:1-8

Peacemaker

why is peace so difficult to achieve between people? Within yourself? How does God's enable you to be a peacemaker?

Isaiah 48:16-22

Vineyard Owner

what are some examples of the fruit in your life?

Isaiah 5:1-7

Builder

where does the world seem not to have been made by a master builder?

Job 38:1-18

King

what sort of reactions do you think this psalm is meant to inspire in the reader or hearer?

Psalm 99

Father

how does God the Father differ from even the best human father?

Hosea 11:1-11

Potter

how do the potter and the clay symbolize the workings of God with his people?

Jeremiah 18:1-12

Judge

most people would be nervous about appearing before a judge. How does David feel about the judgment of God?

Psalm 7

Or you might prefer to do this? Either chose a few friends to do this with or do it alone?

This is not an art project but a time of praying without words. So, the purpose of this time of prayer is to listen for the ways that God is seeking to relate to you at this time of your life. We are listening for how God is calling each of us to live, so that we might be clearer about how this time of using images of God and colours might help us.

We are going to create images of our individual lives.

If you would like to start with a time of music and as that stops, be in silence and offer your whole being to God, let go of all that is burdening you and ask God to fill you with his Holy Spirit afresh.

Then take a piece of paper and some coloured pencils, make sure you have plenty of room around you, then when you are ready ask God to give you an image that represents God for you, at this time. Don't force anything, let the image and the colours come naturally to you. Spend about 15-20 minutes doing this, write words down to, if it helps.

Then when you are finished ask yourself these questions:

What do you notice about God in what image you have chosen, what significance does it have for you now?

What do you notice about the colours you have chosen, why did you use them, do they high-light anything for you as you think about it more now?

Is there anything that you want to add or take away?

Finally, sit with your image and colours and pray that God might reveal more of himself to you, through you exploring more images of God.

I hope that as you do this you might find a new way to learn about God and that it might help you grow and be a blessing to you. If you would like to talk about finding a spiritual director or if anything pastoral has come to the surface for you, then please do get in touch. sharon.seal@ashteadparish.org

Sharon Seal